

## POOL TEAM

Elliot Hendy DUTY SUPERVISOR WETSIDES

Emma Staight SENIOR SWIM TEACHER

Rob Beere	Penny Guard
Debbie Cousens	Paul Hickmott
Carolyn Cowing	Andy Huckle
Caroline Everington	Ellen Martin
Kayleigh Fryer	Christina Poulten
Andrew Furnell	Ellen Sivers
Charlotte Gailor	Ann Tomlinson
Ryan Gregory	Natalie Webb

## ALL INSTRUCTORS ARE ASA QUALIFIED

### WHAT'S AVAILABLE

- 25 x 8 metre deck pool of a consistent 1.2 metre depth
- 4.5 x 8 metre children's pool
- Jacuzzi, steam room and sauna
- South facing glazed relaxation area
- Tuition for group and individual's available for all ages and abilities
- Adult only swimming, check weekly programme overleaf
- Indoor pool swimming lanes available at most times

### LEARN TO SWIM

Wentworth Club uses the ASA National Teaching plan to teach swimming. This is a nationwide programme, offering children an easy introduction to progressive swimming development. Participants work towards badges as part of the programme.

Individual lessons are tailor-made in order to develop basic or advanced skills and techniques. They can be used to gain confidence for both children and adults in the water or can be devoted to focus specifically on technique.

Children's courses run during the school terms. There will be no more than five children booked on each class. For more information please see the current Infant and Junior essential guide brochure.

### BOOKING TUITION

Private tuition for all ages can be booked by contacting Elliot Hendy or Emma Staight on 01344 846351 or by emailing [swimming@wentworthclub.com](mailto:swimming@wentworthclub.com)

## TUITION

### BLOCK OF 10 X 30 MIN

Individual lessons	
One child	£212.50
Two children - price per child	£145
1:1 one off lesson	£22
2:1 one off lesson - price per person	£15
Group lessons per term	
Children and pre-school	£112.50
Adult and baby/infant/child	£85
Junior Swim Fitness 10 years +	£100
Rookie Lifeguard 10 years +	£22
Wentworth Squad	£100
Adult Prices Adult 1:1 one off lesson	£23
Adult 1:1 block of five	£105
Adult Swim Fitness - price per session	£5

### CANCELLATION AND NO-SHOWS

No-shows and cancellations will incur the full fee. Please ensure cancellations are made through Reception. Call 01344 846366.

### REMINDERS

- All children under the age of 13 must be accompanied by an adult in the pool areas at all times
- Children under the age of five must be accompanied in the water when using all pools
- Please shower before entering the pools
- Towels are available for the indoor pools only
- Food and drink are not allowed in the pool area
- Swimming after food or alcohol is not advised
- Bombing, gymnastics and acrobatics are not permitted in pool areas.
- Please obey the 'no diving' signs
- Children in nappies must wear a protective nappy cover at all times whilst in the pools. These are available from Tennis & Health Reception
- Running within the pool hall and pool access corridors is not permitted in the interest of safety
- Children aged 15 and under are not permitted use of the jacuzzi, sauna or steam rooms
- Please swim in a clockwise direction



pool  
january - april

JAN - APR	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>MORNING</b>	<b>adult only</b> 06.00 - 09.00	<b>adult only</b> 06.00 - 09.00	<b>adult only</b> 06.00 - 09.00	<b>adult only</b> 06.00 - 09.00	<b>adult only</b> 06.00 - 09.00	<b>adult only</b> 07.00 - 09.00	<b>adult only</b> 07.00 - 09.00
	<b>aquarobics</b> 09.15 - 10.00 M	<b>adult and infant lessons</b> 10.00 - 12.30 Ellen M	<b>aquarobics</b> 09.15 - 10.00 M	<b>adult and infant lessons</b> 09.15 - 11.15 C Ann	<b>aquarobics</b> 09.15 - 10.15 M	<b>Power Aqua</b> 09.00 - 10.00 M Katie	<b>swimming lessons</b> 09.00 - 12.00 C&M Andrew, Caroline, Paul, Ryan
		<b>adult 1:1 lessons</b> available on request Emma			<b>adult 1:1 lessons</b> available on request Emma	<b>swimming lessons</b> 10.00 - 14.00 C&M Rob, Penny, Carolyn, Kayleigh	
<b>AFTERNOON</b>	<b>adult only</b> 12.00 - 14.00	<b>adult only</b> 12.00 - 14.00	<b>adult only</b> 12.00 - 14.00	<b>adult only</b> 12.00 - 14.00	<b>adult only</b> 12.00 - 14.00		
	<b>pre-school lessons</b> 14.00 - 15.00 C&M Andrew				<b>pre-school lessons</b> 14.30 - 16.00 C&M Andy	<b>swimming lessons</b> 14.00 - 17.00 C&M Ryan, Charlotte	<b>swimming lessons</b> 12.00 - 16.00 C&M Emma, Andrew, Caroline,
	<b>adult and child lessons</b> 15.00 - 16.00 C Andrew	<b>pre-school lessons</b> 15.00 - 16.00 C Caroline	<b>pre-school lessons</b> 15.00 - 16.30 C Caroline, Penny	<b>pre-school lessons</b> 15.00 - 16.00 C Caroline	<b>swimming lessons</b> 16.00 - 18.00 C&M Emma, Ellen M, Andy		<b>wentworth squad</b> 12.00 - 13.00 M Emma
	<b>swimming lessons</b> 15.00 - 19.00 C&M Andrew, Christina, Ellen S, Andy	<b>swimming lessons</b> 15.30 - 18.00 C&M Penny, Andrew, Caroline, Paul	<b>swimming lessons</b> 15.30 - 18.00 C&M Christina, Caroline, Penny, Carolyn	<b>swimming lessons</b> 16.00 - 18.40 C&M Caroline, Natalie, Penny	<b>wentworth squad</b> 16.45 - 17.45 M Emma		
<b>EVENING</b>	<b>adult swim fit</b> 18.30 - 19.30 M Christina	<b>advanced group swim</b> 18.00 - 18.30 M Andrew	<b>junior swim fitness</b> 18.30 - 19.30 M Christina 10 + years	<b>rookie lifeguard</b> 18.40 - 19.40 M Penny 10 + years	<b>fun float session</b> 17.00 - 17.45 C 18.00 - 19.30 M	<b>adult only</b> 19.00 - 20.00	<b>adult only</b> 19.00 - 20.00
	<b>adult only</b> 19.00 - 22.00	<b>adult only</b> 19.00 - 22.00	<b>adult only</b> 19.00 - 22.00	<b>adult only</b> 19.00 - 22.00	<b>adult only</b> 20.00 - 22.00	<b>pool closed</b> 20.00	<b>pool closed</b> 20.00

**Children under the age of 13 must be accompanied by an adult at all times in all pools**

Children under the age of 13 years must never be left unattended beyond eye contact in the Pool Hall area. Children under the age of eight must be accompanied by a responsible person (over 16 years) on a maximum two to one basis. Please note the Pools are not supervised at all times.

Swimming lessons run from Monday 9 January to Sunday 25 March.

Half-term break from Monday 13 to Sunday 19 February.

We ask parents / guardians with children under the age of seven to please use the family changing areas provided - five in total. In the event of all family areas being occupied please use the main changing rooms, but children must remain under strict parent / guardian supervision. Children aged seven and over may use the main changing rooms appropriate to their gender, or the family areas.

From January 2012 Adult Only lunchtime swim sessions will be available Monday to Friday between 12.00 & 14.00 during term time only.

Key:

**C** Children's pool      **M** Main pool

Wentworth Club  
Wentworth Drive, Virginia Water, Surrey GU25 4LS

Tennis & Health Reception 01344 846366  
Swim Team 01344 846351  
swimming@wentworthclub.com  
www.wentworthclub.com