



spa  
treatments  
for women and men

# indulgence

## **SIGNATURE TREATMENT**

**£222.10**

2 HOURS 45 MINUTES

For a truly relaxing experience, try our signature treatment designed exclusively for the Wentworth Spa. The treatment commences with a soothing foot ritual using cleansing mineral sea salts and restorative bath oil. The legs are gently exfoliated and bathed followed by a calming massage. Once complete your therapist will then begin the full body skin brush and exfoliation leaving the skin soft and smooth.

Following a body massage, an application of restorative mud blend with a unique deeply nourishing body cream will be applied. Whilst enveloped in this warm body mask, enjoy an oriental head massage to relieve stresses and tension.

To complete this experience you will have the re-hydrator facial, ideal for everyone. Gentle deep cleansing and exfoliation greatly helps the skin to improve the absorption of nourishing and moisturising masks, facial oils, botanical rescue balm and moisturisers. With a relaxing face massage, this facial leaves the skin smooth, soft and nourished.

## **DETOX SPA TONIC**

**£187.35**

2 HOURS 30 MINUTES

A balancing and detoxifying programme ideal to help boost the metabolism and speed up the elimination of toxins. Full body skin brushing and gentle exfoliation prepares the skin for an ESPA algae wrap. This therapeutic treatment uses warm seaweed gel rich in minerals, and is combined with a full scalp massage to help release tension. Continue the effect with a detoxifying aromatherapy massage, ideal as a one-off pick-me-up or as a course to assist with a healthy eating weight loss programme.

## **STRESS RECOVERY**

**£227.10**

2 HOURS 45 MINUTES

The ESPA holistic aromatherapy total body care treatment will soothe away all tension and stress and start the re-balancing process. Skin brushing and gentle exfoliation are followed by a full aromatherapy body and face massage to rejuvenate the mind and senses. Finish your treatment with the choice of an ESPA luxury hand or foot treatment to leave you feeling revitalised and ready to face the world again. Includes herbal tea plus hot/chilled towel.

# ESPA facials for women and men

## **ESPA AROMATHERAPY FACIAL**

**£66.65**

55 MINUTES

Suitable for all skin types, this deep cleansing, relaxing aromatherapy facial purifies, refines and hydrates. Specific active aromatherapy products are combined with acupressure massage, lymph drainage and oriental head massage to leave the mind clear and the skin radiant and moisturised.

## **NOURISHING FACIAL**

**£77.75**

1 HOUR 10 MINUTES

A nourishing selection of products, lymph drainage, pressure point massage, scalp massage and deep cleansing mask, together with a gentle skin polish help replenish the skin's natural moisture level in particular.

## **THE AGE DEFIER**

**£94.45**

1 HOUR 25 MINUTES

Created to combat the signs of ageing and sun damaged skin concentrating on those delicate areas around the eyes, neck, lips and jaw line. The anti-ageing, rejuvenating benefits of this treatment visibly improve the appearance of the skin, helping to minimise lines and wrinkles, leaving the skin fresh, revitalised and nourished.

## **RELAXING TREATMENT**

**£94.45**

1 HOUR 25 MINUTES

A truly holistic experience combining a deep cleansing back exfoliation with a powerful back massage using essential oils to soothe, relax and balance. This is followed by an ESPA intensive facial tailored to your individual needs and finishes with a therapeutic head massage to help clear the mind, calm the spirit and ease tension.

## **RELAXING WITH HOT STONES**

**£111.00**

1 HOUR 40 MINUTES

A powerful stress releasing treatment using hot stones to work on deep seated tension and restore the balance to vital energy points. The initial, deep cleansing back exfoliation is followed by the hot stone back massage with essential oils restoring equilibrium to mind and body. Hot stones are placed along spine, shoulders and neck to soothe, relax and harmonise.

**MEMBERS PAYING BY LEVY WILL RECEIVE  
A 10% DISCOUNT AT TIME OF SETTLEMENT**

## ESPA massage treatments for women and men

ESPA aromatherapy massage is essential, professional and specific, using a blend of individually chosen oils. A personal consultation will ensure that you receive a unique treatment to suit your needs. Choose from one of the following intensive massages to relieve physical tension and calm or uplift the spirit.

### **DETOXIFIER** £66.65

55 MINUTES

A detoxifying blend of cleansing citrus oils.

### **DE-STRESSER** £66.65

55 MINUTES

A relaxing and calming essential oil to soothe and de-stress.

### **INTENSIVE MUSCLE WARMER** £66.65

55 MINUTES

Warming and stimulating essential oils ease aches and pains.

### **JET-LAG REVIVER** £66.65

55 MINUTES

Rebalance energy levels with a revitalising blend or relax into untroubled sleep with soothing essential oils.

### **IMMUNE BOOSTER** £66.65

55 MINUTES

Using a powerful blend of tea tree and eucalyptus essential oils known for their natural anti-viral and anti-bacterial properties.

### **ESPA AROMATHERAPY SPORTS AND FITNESS MESSAGE** £66.65

55 MINUTES

A total body massage ideal before or after exercise. It will help prevent strains occurring and relieve aches and pains as it helps increase circulation and warms the muscles.

### **ESPA AROMATHERAPY** £77.75

1 HOUR 10 MINUTES

A complete face, scalp and body massage which focuses on acupressure points to help rebalance energy levels and relieve stress.

### **ESPA 40 MINUTE MESSAGE** £50.00

40 MINUTES

A tailor-made massage designed to work on any specific areas of muscle tension you may have, using a blend of aromatic oils which will ease stress, reduce tension and improve circulation.

## ESPA body treatments for women and men

### **HOLISTIC TREATMENT WITH HOT STONES** £111.00

1 HOUR 55 MINUTES

After a full body exfoliation, the body is massaged using individually tailored essential oils combined with the use of hot stones to release tension. Critical tension points are massaged around the eyes and ears, before an acupressure head massage is given.

### **HOLISTIC** £100.00

1 HOUR 25 MINUTES

A complete body, face and scalp massage with exfoliation and body skin brushing to help improve the texture of the skin, rebalance energy levels and relieve stress. The oils used in this treatment are specifically chosen to meet the needs of the individual.

### **PRE-NATAL AND POST-NATAL** £100.00

1 HOUR 25 MINUTES

Carefully designed for pregnant and nursing mothers and taking into account all contra-indications. It uses nourishing body oil, various muds and advanced massage techniques in safe areas to help improve the tone of the skin and promote relaxation at this special time.

### **SKIN HYDRATING BODY WRAP** £77.75

1 HOUR 10 MINUTES

Bring true re-hydration to dry, sensitive or flaky skin, leaving it plump, hydrated and soft. This treatment involves body brushing, exfoliation and a blended re-hydrating mask of ESPA body oil, deeply nourishing body cream with wild yam and marine mud, a therapeutic oriental head massage and finished finally with an overall application of the body cream. Pure luxury. Excellent after a holiday and wonderful preparation for a special night out.

### **DETOXIFYING ALGAE WRAP** £72.20

1 HOUR 10 MINUTES

This wrap uses an application of oils and algae rich minerals and enzymes. Whilst nourishing the skin it will also ease tension, boost the metabolism and speed up the elimination of toxins by skin brushing, gentle exfoliation and scalp massage.

**MEMBERS PAYING BY LEVY WILL RECEIVE  
A 10% DISCOUNT AT TIME OF SETTLEMENT**

**RESTORATIVE MUD WRAP** **£72.70**

1 HOUR 10 MINUTES

This treatment will help soothe aches and pains and improve the appearance and texture of the skin by skin brushing, gentle exfoliation and scalp massage. An application of oils and marine mud rich in trace minerals is used in this treatment.

**HIP AND THIGH** **£73.80**

55 MINUTES

A specialised ESPA treatment to stimulate the circulatory and lymphatic system, concentrating on the areas of the body prone to cellulite, fluid retention and uneven skin tone. Relevant reflex zones and pressure points on the feet are then activated to leave you feeling totally revitalised. A course of treatments is recommended to maximise effects.

**BALANCING** **£72.70**

55 MINUTES

A relaxing and deep cleansing back massage with skin brushing and exfoliation to help relieve muscular tension and improve the texture of the skin.

**SALT AND OIL SCRUB** **£33.30**

25 MINUTES

A total body exfoliation using either invigorating, detoxifying or relaxing salt scrub leaving your skin velvety smooth.

**BODY POLISH** **£33.30**

25 MINUTES

An ideal preparation before tanning and massage. A complete skin brushing and body exfoliation to cleanse, refine and invigorate the body.

**ESPA HANDS** **£44.45**

55 MINUTES

A manicure with a gentle skin refining polish, an envelopment of paraffin wax and a therapeutic massage using oil chosen for the individual.

**ESPA HANDS WITH FINISH** **£55.55**

70 MINUTES

A manicure with a gentle skin refining polish, an envelopment of paraffin wax and a therapeutic massage oil chosen for the individual, finished with file and polish.

**ESPA FEET** **£44.45**

55 MINUTES

A pedicure with a gentle skin refining polish, an envelopment of paraffin wax and a therapeutic massage using oil chosen for the individual.

**ESPA FEET WITH FINISH** **£55.55**

70 MINUTES

A pedicure with a gentle skin refining polish, an envelopment of paraffin wax and a therapeutic massage using oil chosen for the individual, finished with file and polish.

**MEMBERS PAYING BY LEVY WILL RECEIVE  
A 10% DISCOUNT AT TIME OF SETTLEMENT**

## treatments for men

### **ESPA GOLFERS TONIC**

**£83.35**

1 HOUR 25 MINUTES

A relaxing back massage to ease the muscle tension in your swing, with a holistic foot and nail treatment to relieve the aches and pains of tired feet.

### **MENS PURIFYING FACIAL, SHOULDER AND SCALP MASSAGE**

**£72.20**

55 MINUTES

City pollution, environmental stress, travel, business pressures or lack of sleep are reflected in dull, lifeless skin. This relaxing facial works at a deep molecular level to purify, balance and hydrate the skin leaving you feeling de-stressed and revitalised.

### **WENTWORTH PEDICURE BY O.P.I.**

**£33.35**

40 MINUTES

A pedicure treatment designed to tidy up cuticles and nails followed by a relaxing foot massage.

### **WENTWORTH MANICURE BY O.P.I.**

**£27.80**

25 MINUTES

A manicure treatment designed to tidy up cuticles and nails followed by a relaxing hand massage.

## MD formulations for women and men

### **DIAMOND TOME**

**£61.10**

25 MINUTES

Unique diamond chip wands reveal radiance and natural luminosity, reducing fine lines and rejuvenating the skin without discomfort. The treatment is suitable for all skin types, it exfoliates and removes dead skin cells, stimulates collagen and promotes the growth of healthy new cells.

### **DIAMOND TOME WITH FACIAL**

**£111.10**

1 HOUR 10 MINUTES

As with the diamond tome treatment but also incorporating massage using advanced vitamin A technology working with vitamin E under the surface of the skin to help reduce the appearance of fine lines and wrinkles. Skin texture is revitalised and renewed for healthier, younger looking skin.

### **DEEP CLEANSING FACIAL**

**£66.65**

55 MINUTES

A facial tailored to your individual need, which includes steam and extraction to help cleanse and improve the skin's appearance. Suitable for all skin types including sensitive.

### **TAILOR MADE FACIAL**

**£66.65**

55 MINUTES

Advanced vitamin A technology works together with vitamin E beneath the skin's surface to help diminish the appearance of fine lines and wrinkles. Skin texture is revitalised and renewed for healthier, younger looking skin.

### **GLYCOLIC EXFOLIATING PEEL**

**£55.55**

40 MINUTES

A unique anti-ageing treatment to deeply exfoliate skin. Increases skin's natural ability to hold moisture and is proven to stimulate collagen production. Skin becomes smoother, firmer, younger and brighter. Ideal for sun-damaged, acne or problem skin or normal skin that needs a boost.

### **ADVANCED GLYCOLIC EXFOLIATING FACIAL**

**£66.65**

1 HOUR 10 MINUTES

A double boosting treatment incorporating a mask to firm, hydrate and exfoliate skin and the glycolic facial peel. Ideal for severely dehydrated/sun-damaged skin, acne scarring or those wanting an intensive treatment.

**MEMBERS PAYING BY LEVY WILL RECEIVE  
A 10% DISCOUNT AT TIME OF SETTLEMENT**

## CACI treatments

### **ALPHA/BETA PEEL** **£66.65**

40 MINUTES

An advanced facial treatment combining AHA's and BHA's in synergy to achieve superior results. Clinically proven to improve the most stubborn skin conditions, from discolouration to acne prone skins.

### **ADVANCED ALPHA/BETA FACIAL** **£88.90**

1 HOUR 10 MINUTES

An advanced facial incorporating the alpha/beta peel, ideally for stubborn skin conditions needing more intensive treatment.

### **GLYCOLIC EXFOLIATING BACK PEEL** **£72.20**

40 MINUTES

Designed to freshen, invigorate and deeply cleanse the back. The back is cleansed, naturally exfoliated and massaged to stimulate circulation. Skin is left clearer, softer and brighter.

### **GLYCOLIC EXFOLIATING CHEST PEEL** **£38.90**

25 MINUTES

Gives great improvement to one of the first areas that age. Skin is cleansed, naturally exfoliated and treated with vitamin A to repair and renew crêpey skin tissue. Skin becomes softer, hydrated and visibly plumper.

### **GLYCOLIC EXFOLIATING HAND PEEL** **£38.90**

25 MINUTES

Unique anti-ageing treatment to help combat the visible signs of ageing. Age spots, dry crêpey skin tissue and loss of elasticity are dramatically improved. Hands are cleansed, naturally exfoliated and massaged with vitamin A rich cream to repair and renew skin.

### **GLYCOLIC EXFOLIATING FOOT PEEL** **£38.90**

25 MINUTES

Gives great improvement to one of our most neglected areas. Ideal for dry, cracked and hardened skin. Feet are cleansed, exfoliated and softened with deep nourishing pedi cream.

'The Ultimate' is the most advanced non surgical treatment system available incorporating facial toning and skin rejuvenation that targets fine lines, wrinkles, acne, skin blemishes and sun damage.

### **CACI FACE LIFT TREATMENT** **£60**

55 MINUTES

**COURSE OF 10 £540**

CACI face gently tightens and tones the facial muscles while smoothing the appearance of fine lines and wrinkles. CACI's dual tipped probes increase the effect on the muscles, producing immediate and dramatic results.

### **CACI ULTIMATE ANTI AGEING FACIAL** **£90**

90 MINUTES

**COURSE OF 10 £800**

Ultimate in anti ageing facial treatment using advanced techniques to lift the face and smooth deep wrinkles - also ideal for acne, deep blemishes, scarring, pigmentation and sun damage. Treatment combines Microdermabrasion, Caci face lift, light therapy specific skin treatment and galvanic gel mask.

### **CACI ULTIMATE HEALING FACIAL/BODY TREATMENT** **£40**

35 MINUTES

**COURSE OF 10 £350**

Treatment includes Microdermabrasion with light therapy and gel mask - perfect for acne, deep blemishes, scarring, pigmentation and sun damage. Also aids the body's natural healing of stretchmarks, scars, assists anti ageing and improves age spots on the hands.

### **CACI'S HYDRATONE GALVANIC MASK** **£25**

20 MINUTES

Delivers skin rehydration from both inside and outside (can be added to any Caci lift treatment or product facial. May alternatively be taken as a stand alone treatment)

### **CACI ADVANCED EYE TREATMENT** **£45**

40 MINUTES

**COURSE OF 10 £400**

A treatment to specifically target anti ageing and lifting for the eye and forehead areas. Great for dark shadows and crows feet. Treatment includes muscle lifting, plumping and smoothing of lines plus a hydrating mask with light therapy.

**MEMBERS PAYING BY LEVY WILL RECEIVE  
A 10% DISCOUNT AT TIME OF SETTLEMENT**

## complementary therapies

### REFLEXOLOGY

£72.20

55 MINUTES

An oriental foot massage that works on the pressure points of the foot, which relate to specific parts of the body. This gentle therapy eases tension, improves circulation and promotes a general feeling of well-being.

### REIKI

£66.65

55 MINUTES

When your energy level is low tap into the positive forces of the universe all around you with Reiki. Reiki flows to the areas of need, soothing pain and supporting the body's natural ability to heal itself. Reiki is a completely safe holistic healing that restores balance in one's life.

### HOPI EAR CANDLES

£44.40

40 MINUTES

A natural and relaxing therapy. This treatment is excellent for anyone who suffers from blocked sinuses, sinusitis or excess wax in the ears. The treatment is completely painless. It also helps in treating headaches, migraines, head colds, catarrh and hay fever.

### TO SUIT YOUR MOOD

55 MINUTES

£72.20

1 HOUR 25 MINUTES

£111.10

1 HOUR 55 MINUTES

£144.45

2 HOURS 25 MINUTES

£183.35

Not sure what you want? Why not book time with your therapist who will design a treatment specifically to suit your mood and ease away all those stresses and tension.

### THAI MASSAGE

Originally practiced by Thai Buddhist monks to help increase levels of endurance. Applying acupressure and yoga style stretches and pulls practiced on a futon mattress. You will leave feeling both relaxed and energised simultaneously. Please wear loose, comfortable clothing.

55 MINUTES

£66.55

1 HOUR 30 MINUTES

£100.00

2 HOURS

£133.35

### SWEDISH MASSAGE

£77.20

55 MINUTES

The perfect way to escape and unwind from it all. Using a variation of gentle massage strokes and movements you will leave with a greater sense of well being.

### DEEP TISSUE MASSAGE

£77.20

55 MINUTES

Due to repetitive use muscles become shortened and constrictive making them susceptible to injuries. Intensive strokes and compressions are applied to help break down the build up of lactic acid and waste deposits. Over time this treatment will assist you in returning to an active life.

### CREATE YOUR OWN

A combination of the above therapies tailored to your specific requirement.

55 MINUTES

£77.20

1 HOUR 30 MINUTES

£105.55

**MEMBERS PAYING BY LEVY WILL RECEIVE  
A 10% DISCOUNT AT TIME OF SETTLEMENT**

# finishing touches manicures and pedicures by O.Pl.

## **WENTWORTH MANICURE** £33.35

40 MINUTES

A brightening manicure system, which results in nothing but sensational, softer, smoother, younger looking hands. A choice of O.Pl. colours available.

## **WENTWORTH PEDICURE** £38.90

55 MINUTES

An exotic, relaxing, indulgent pedicure system including soak, scrub and massage. A truly relaxing treatment with a choice of O.Pl. colours available.

## **RHINESTONE PEDICURE** £40.80

55 MINUTES

Full pedicure with application of jewels. Great for holidays and special occasions.

## **BIO SCULPTURE**

Long wearing and chip proof, bio sculpture gel treated nails keep their well manicured look longer after application. Excellent on toenails, with no worn or ragged edges. Dries instantly. No damage to natural nails.

Gel overlays	1 HOUR	<b>£50.00</b>
Overlays and pedicure	1 HOUR	<b>£55.55</b>
Individual repair sculpture	15 MINUTES	<b>£8.90</b>
Soak off	15 MINUTES	<b>£10.00</b>
Swarovski crystals		<b>£5.00</b>

## **3D LASHES** £150.00

1 HOUR 25 MINUTES

3D lash extensions give longer, fuller, totally natural looking lashes that are weightless and very comfortable. The lashes are made of soft and naturally curved synthetic material that looks identical to human lashes. The adhesive is formulated to create a permanent polypeptide bond, specifically for human lashes, it dries soft, remains flexible and bouncy causing absolutely no damage.

Two week maintenance	55 MINUTES	<b>£50.00</b>
Full set of express lashes	30 MINUTES	<b>£61.10</b>

## **TINTING**

24hr patch test is required

Eyelash/brow tint combined	25 MINUTES	<b>£27.80</b>
Eyelash tint	25 MINUTES	<b>£22.20</b>
Eyebrow tint	10 MINUTES	<b>£11.10</b>

## **WAXING**

A fast and effective removal of hair. We use a variety of products to calm and cool the skin, leaving it smooth and soft.

Full leg and bikini	55 MINUTES	<b>£50.00</b>
Full leg	40 MINUTES	<b>£43.10</b>
Three quarter leg	40 MINUTES	<b>£35.55</b>
Half leg and bikini	40 MINUTES	<b>£38.90</b>
Half leg	25 MINUTES	<b>£27.80</b>
Full arm	25 MINUTES	<b>£27.80</b>
Male back	25 MINUTES	<b>£27.80</b>
Half arm	10 MINUTES	<b>£20.00</b>
Underarm	10 MINUTES	<b>£13.35</b>
Brazilian	30 MINUTES	<b>£33.35</b>
Bikini	10 MINUTES	<b>£16.65</b>
Eyebrow shape	10 MINUTES	<b>£13.35</b>
Lip and chin	10 MINUTES	<b>£20.00</b>
Lip	10 MINUTES	<b>£11.10</b>
Chin	10 MINUTES	<b>£11.10</b>

## **LYCON AUSTRALIAN WAX**

Lycon Hot or Strip wax is a unique and prestigious product used in conjunction with aromatherapy oils for conditioning and soothing benefits enabling the therapist to select the correct product to suit the needs of the client. Excellent on sensitive areas removing stubborn hair as short as one millimeter including male back wax.

Half leg	25 MINUTES	<b>£27.80</b>
Full leg	40 MINUTES	<b>£44.45</b>
Three quarter leg	40 MINUTES	<b>£38.90</b>
Full arm	25 MINUTES	<b>£27.80</b>
Half arm	10 MINUTES	<b>£20.00</b>
Under arm (hot wax)	10 MINUTES	<b>£18.00</b>
Brazilian (hot wax)	30 MINUTES	<b>£38.00</b>
Hollywood (hot wax)	30 MINUTES	<b>£42.00</b>
Eyebrow shape	10 MINUTES	<b>£13.35</b>
Lip	10 MINUTES	<b>£11.10</b>
Chin	10 MINUTES	<b>£11.10</b>
Lip and chin	10 MINUTES	<b>£16.65</b>
Male back	30 MINUTES	<b>£31.10</b>

## **THREADING**

**£17.00**

**MEMBERS PAYING BY LEVY WILL RECEIVE  
A 10% DISCOUNT AT TIME OF SETTLEMENT**

## St. Tropez tan for women and men

### **ST. TROPEZ BODY AND FACE** £66.65

70 MINUTES

Full body exfoliation followed by an application of St. Tropez tan. We recommend that this be left on for approximately eight hours to allow the tan to develop. We also recommend that you bring loose, dark clothing to wear after the application of colour.

### **ST. TROPEZ HALF BODY** £44.45

40 MINUTES

The same as above but from the face to the waist.

## i.d. bare essentials make-up for women

Discover revolutionary make-up. Pure crushed minerals from the earth, with nothing added. Zero irritants. Foundation that works wonders yet looks like beautiful bare skin. It will give you unprecedented coverage and enhance your skin's true luminosity for a radiance that is 100% real. Make-up that looks and feels totally natural - because it is.

### **MAKEOVER** £54.40

45 MINUTES

An application of make-up for your special occasions.

## intensive treatments

Mini facial	30 MINUTES	<b>£38.95</b>
Express diamond tome	30 MINUTES	<b>£61.10</b>
Express CACI face	30 MINUTES	<b>£38.90</b>
Back neck and shoulders	30 MINUTES	<b>£38.90</b>
File and polish hands or feet	30 MINUTES	<b>£22.20</b>

## treatments for juniors AGE 13-16 YEARS

PARENTS MUST BE IN ATTENDANCE DURING TREATMENTS.

JUNIORS ARE NOT PERMITTED TO USE THE RELAX AREAS.

### **WAXING**

Full leg and bikini	55 MINUTES	<b>£41.65</b>
Full leg	40 MINUTES	<b>£36.10</b>
Three quarter leg	25 MINUTES	<b>£30.55</b>
Half leg and bikini	25 MINUTES	<b>£30.55</b>
Half leg	25 MINUTES	<b>£25.00</b>
Full arm	25 MINUTES	<b>£19.45</b>
Half arm	10 MINUTES	<b>£16.65</b>
Under arm	10 MINUTES	<b>£12.20</b>
Bikini	10 MINUTES	<b>£12.20</b>
Lip	10 MINUTES	<b>£10.00</b>
Eyebrow shape	10 MINUTES	<b>£12.20</b>

## face and body treatments for juniors

### **MINI FACIAL** £38.90

25 MINUTES

For younger, more delicate skin tailored to individual needs.

### **BACK MASSAGE** £38.90

25 MINUTES

A soothing back massage to relieve aches and pains and alleviate tension.

## finishing touches for juniors

### **WENTWORTH MANICURE BY O.P.I.** £22.20

25 MINUTES

A manicure treatment to tidy up the nails concluding with your choice of colour.

### **WENTWORTH PEDICURE BY O.P.I.** £27.80

40 MINUTES

A pedicure treatment to tidy up the nails concluding with your choice of colour.

### **WENTWORTH RHINESTONE PEDICURE** £33.35

40 MINUTES

Pedicure treatment with application of jewels, great for holidays or those special occasions.

**MEMBERS PAYING BY LEVY WILL RECEIVE  
A 10% DISCOUNT AT TIME OF SETTLEMENT**

## physiotherapy

One Health Wentworth is an expert team of physiotherapists dedicated to the provision of specialist treatment and care of the full range of orthopaedic and musculoskeletal conditions.

Offering acupuncture for a wide range of complaints including stress, headaches, pain and sleep disorders.

<b>INITIAL ASSESSMENT</b>	45 MIN - 1 HOUR	<b>£70.00</b>
including treatment		
Subsequent treatment	30 MINUTES	<b>£50.00</b>

All physiotherapists are chartered and registered with all major health insurance companies. You may reclaim your fees from your private health insurance company, however, you may require a referral from your GP to reclaim physiotherapy fees. Payment is required at time of appointment for all physiotherapy treatments. 24 hours notice of cancellation is required otherwise a 100% charge will apply.

**PHYSIOTHERAPY ASSESSMENTS AND TREATMENTS CAN NOT BE SETTLED BY LEVY, AND THEREFORE LEVY DISCOUNTS ARE NOT AVAILABLE.**

## sports massage and remedial therapy

Sports massage and remedial therapy is a deep tissue massage which can treat and eliminate the discomfort of minor muscular pain, prevent injuries and help recovery from exercise.

25 MINUTES	<b>£35.00</b>
40 MINUTES	<b>£46.66</b>
55 MINUTES	<b>£58.33</b>

## Eporex Mesotherapy

Eporex Mesotherapy is a non-invasive treatment designed to shift deposits of fat from areas where it often proves difficult to remove them through diet or exercise. Eporex employs a low-level current to deliver active ingredients which include amino acids, vitamins and minerals to specific areas of the body in a safe and painless manner. After just a few treatments the results become clearly visible and clients find that they have effortlessly gained a more svelte figure.

Eporex Mesotherapy offers a whole host of other body benefits in addition to fat reduction. It can also help reduce cellulite, unsightly stretch marks and scars, fine lines and wrinkles and can assist with toning the skin.

Consultation*	<b>£52.20</b>
Tired eyes	<b>£85.10</b>
Stretch marks	<b>£141.90</b>
Breast firming	<b>£141.90</b>
Anti-cellulite	<b>£141.90</b>
Fat reduction	<b>£141.90</b>
Under arm fat reduction	<b>£85.10</b>
Chin fat reduction	<b>£62.45</b>
Chin and jowls fat reduction	<b>£96.55</b>
Eye bag fat reduction	<b>£85.10</b>

\*Fee redeemable against first treatment when booked at initial consultation

**MEMBERS PAYING BY LEVY WILL RECEIVE  
A 10% DISCOUNT AT TIME OF SETTLEMENT**

# additional information

## **OPENING HOURS**

Monday	09.00 - 19.00
Tuesday, Wednesday, Thursday	09.00 - 21.00
Friday	09.00 - 19.00
Saturday	09.00 - 17.00
Sunday	10.00 - 17.00
Bank Holidays	10.00 - 16.00

## **TO BOOK AN APPOINTMENT**

Please call 01344 846360 or email [spa@wentworthclub.com](mailto:spa@wentworthclub.com)  
May we suggest you arrive 30 minutes prior to your treatment and have a complimentary steam or sauna in the Spa.

## **TO CANCEL AN APPOINTMENT**

24 hours notice must be given otherwise a 50% charge will apply. Less than 12 hours notice will incur a 100% charge.

## **FAILURE TO ATTEND AN APPOINTMENT OR CANCELLATION ON THE DAY**

Will incur a 100% charge from the member's levy.

## **PRICES**

All prices are correct at time of going to print and include VAT at 17.5%. The Club reserves the right to alter treatments and prices without prior notice.

## **LEVY**

All treatments can be settled by levy, with the exception of physiotherapy. All treatments paid for by levy will benefit from a 10% discount at time of settlement.



Wentworth Club  
Wentworth Drive  
Virginia Water  
Surrey GU25 4LS

Telephone 01344 846360  
[www.wentworthclub.com](http://www.wentworthclub.com)