

POOL TEAM

Lizzy Turner PROGRAMME MANAGER

Emma Staight SWIMMING CO-ORDINATOR

Fran Austin	Ellen Martin	Adam White
Anne Bewley	Theresa Parker	Janet Wood
Emily Christie	Christina Poulton	Judy Woodcock
Caroline Everington	Cheryl Robinson	Sue Yardley

ALL INSTRUCTORS ARE ASA QUALIFIED

WHAT'S AVAILABLE

- 25 x 8 metre deck pool of a consistent 1.2 metre depth
- 4.5 x 8 metre children's pool of a consistent 0.85 metre depth
- Jacuzzi, steam room and sauna
- South facing glazed relaxation area
- Tuition for group and individuals available for all ages and abilities
- Adult only swimming, check weekly programme overleaf

LEARN TO SWIM

Wentworth Club uses the ASA National Teaching plan to teach swimming. This is a nationwide programme, offering children an easy introduction to progressive swimming development. Participants work towards badges as part of the programme.

Individual lessons are tailor-made in order to develop basic or advanced skills and techniques. They can be used to gain confidence for both children and adults in the water or can be devoted to focus specifically on technique.

Children's courses run during the school terms. There will be no more than five children booked on each class.

BOOKING TUITION

Private tuition for all ages can be booked by contacting Emma Staight on 01344 846351 or by emailing swimming@wentworthclub.com

TUITION

BLOCK OF 10 X 30 MIN

Individual lessons	
One child	£260
Two children - price per child	£180
1:1 one off lesson	£27
2:1 one off lesson - price per person	£19

Group lessons per term	
Children & pre-school	£130
Adult & baby/infant/child	£100
Junior Swim Fitness 10 years+	£100
Rookie Lifeguard	£100

Adult Prices	
Adult 1:1 one off lesson	£27
Adult 1:1 block of five	£120
Adult group – price per session	£15
Adult Swim Fitness – price per session	£7

CANCELLATION AND NO-SHOWS

No-shows and cancellations will incur the full fee. Please ensure cancellations are made through Reception. Call 01344 846366.

REMINDERS

- All children under the age of 13 must be accompanied by an adult in the pool areas at all times
- Children under the age of five must be accompanied in the water when using all pools
- Please shower before entering the pools
- Towels are available for the indoor pools only
- Food and drink are not allowed in the pool area
- Swimming after food or alcohol is not advised
- Bombing, gymnastics and acrobatics are not permitted in pool areas
- Please obey the 'no diving' signs
- Children in nappies must wear a protective nappy cover at all times whilst in the pools. These are available from Tennis & Health Reception
- Running within the pool hall and pool access corridors is not permitted in the interests of safety
- Children aged 13 and under are not permitted use of the jacuzzi, sauna or steam rooms
- Please swim in a clockwise direction



pool

January - April

JAN - APR	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
MORNING	adult only 06.00 - 09.00	adult only 06.00 - 09.00	adult only 06.00 - 09.00	adult only 06.00 - 09.00	adult only 06.00 - 09.00	adult only 07.00 - 09.00	adult only 07.00 - 09.00
	adult aquarobics 09.15 - 10.00 M	adult and infant lessons 09.00 - 12.00 C&M Ellen	adult aquarobics 09.15 - 10.00 M		adult aquarobics 09.15 - 10.00 M	adult power aqua 09.00 - 10.00 M	swimming lessons 09.00 - 13.00 C&M Ellen, Fran, Emma
	infant fun splash 10.30 - 11.45 C TT	adult 1:1 lessons available on request M Ellen	infant fun splash 10.30 - 11.45 C TT		adult and infant lessons 10.00 - 12.00 C Ellen	swimming lessons 10.00 - 12.30 C&M Anne, Emily	
	adult only TT 12.00 - 14.00	adult only TT 12.00 - 14.00	adult only TT 12.00 - 14.00	adult only TT 12.00 - 14.00	adult only TT 12.00 - 14.00		
			pre-school lessons 14.30 - 17.00 C Sue, Ellen			swimming lessons 12.30 - 15.00 M Adam	
				pre-school lessons 15.00 - 16.00 C Janet	swimming lessons 16.00 - 18.00 C&M Emma, Ellen, Caroline, Theresa		
	swimming lessons 16.00 - 18.30 C&M Christina, Judy	swimming lessons 15.30 - 18.30 C&M Caroline, Janet, Cheryl, Sue	swimming lessons 15.30 - 18.30 C&M Judy, Caroline, Sue, Ellen	swimming lessons 16.00 - 18.00 C&M Janet	infant fun splash 17.30 - 18.00 C TT	fun float session 15.00 - 16.00 M	fun float session 15.00 - 16.00 M
	adult swim fitness 18.30 - 19.30 M TT Christina		junior swim fitness 18.30 - 19.30 M Caroline	rookie lifeguard 18.00 - 19.00 M Janet 10+ years	fun float session 18.15 - 19.00 M TT	adult only 19.00 - 20.00	adult only 19.00 - 20.00
EVENING		adult aquarobics 18.30 - 19.30 M					
	adult only 19.00 - 22.00	adult only 19.00 - 22.00	adult only 19.00 - 22.00	adult only 19.00 - 22.00	adult only 19.00 - 22.00	pool closed 20.00	pool closed 20.00

Children under the age of 13 must be accompanied by an adult at all times in all pools

Children under the age of 13 years must never be left unattended beyond eye contact in the Pool Hall area. Children under the age of eight must be accompanied by a responsible person (over 16 years) on a maximum two to one basis. Please note the Pools are not supervised at certain times.

Term times: Monday 9 January - Sunday 26 March

Half term: Monday 13 February - Sunday 19 February

Summer term: Monday 24 April - Sunday 9 July

We ask parents / guardians with children under the age of seven to please use the family changing area as available. In the event of all family areas being unavailable please use the main changing rooms, but children must remain under strict parent / guardian supervision. Children aged seven and over should use the main changing rooms appropriate to their gender, or the family areas. Adult Only lunchtime swim sessions are available Monday to Friday between 12.00 & 14.00 during term time only.

Key:

C Children's pool **M** Main pool **TT** Term Time only

Wentworth Club

Wentworth Drive, Virginia Water, Surrey GU25 4LS

Tennis & Health Reception 01344 846366

Swim Team 01344 846351

swimming@wentworthclub.com

www.wentworthclub.com